

What to expect after root canal?

It is normal to feel some tenderness in the area for a few days after your root canal treatment as your body undergoes the natural healing process. You may also feel some tenderness in your jaw from keeping it open for an extended period of time. These symptoms are temporary and usually respond very well to over-the-counter pain medications.

400 to 600 mg Ibuprofen (Advil).

In severe cases: Combination of 600 mg Ibuprofen AND 500 mg Tylenol (at the same time)
Every 4-6 hours following the procedure is the most efficient pain management with the least side reaction.

Please start the first dose before numbness wears off.

Your tooth may continue to feel slightly different from your other teeth for some time after your root canal treatment has been completed. However, if you have severe pain or pressure that lasts more than a few days, contact your endodontist.

Do not eat anything until the numbness in your mouth wears off. This will prevent you from biting your cheek or tongue. It is not unusual for a thin layer of temporary restoration to wear off in-between appointments. However, if you think the entire filling has come out, contact your endodontist. Contact your endodontist right away if you develop any of the following: a visible swelling inside or outside of your mouth; an allergic reaction to medication, including rash, hives or itching or return of original symptoms;

“Flare up” (severe pain and swelling) may happen after cleaning inside the root due to the change in the environment around the root tip (periapical tissue). It will be easily managed by your Endodontist. Please contact your Endodontist if you notice any swelling and pain after the procedure.

Root canal treatment is only one step in returning your tooth to full function. A proper final restoration of the tooth is extremely important in ensuring long-term success.

After the root canal is completed Contact your regular dentist as soon as possible to arrange your next appointment.

Your endodontist may periodically x-ray the tooth to ensure that healing has occurred. There will be no extra charge for follow up evaluation since it is part of the root canal treatment. Occasionally, a tooth that has undergone endodontic treatment does not heal or pain continues. At times, the tooth may become painful or diseased months or even years after successful treatment. Often when this occurs, repeating the endodontic procedure can save the tooth.